

New
Year's
Program



2021-2022



Palmaia™

THE HOUSE OF AIA

31 · 12 · 2021

07:30 AM

Therapeutic Yoga at the Ritual Deck

Therapeutic Yoga is based on a deep knowledge of the anatomy and physiology of the human body, to adapt the practice based on the biomechanical and pathological characteristics of the practitioner in order to balance our physique individually.

10:30 AM

Cacao Ceremony

We celebrate together in the Rituals Deck a ritual of union and encounter with Mayan traditions in a ceremony that fuses ancient traditions and the contemporary search for knowledge.

12:00 PM

Music & Snacks at the Pool Astrology & Tarot



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Natural Art at Pool

A space where color, sacred geometry and intuition merge to make room for the miracle of creation.

03:00 PM

Renewal Ritual at the Beach

Greeting to the Seven Paths, after which it is proposed to make a sacred fire among the whole group, explaining the importance of honoring it as a transmuting element of energy.

06:30 PM

Each participant is provided with an ocote wand and the fire is lit with songs and prayers, while explaining the meaning and symbolism of fire and its sacred context. Each participant is given a piece of paper where they will write their message, what they want to transmute as energy for the next cycle that begins, which is offered to the fire with the intention of purifying the world, thoughts and actions, in the end, the message is placed in the fire, the word and songs are shared.





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08:00 PM -
10:00 PM

Dinner at “Su Casa”

Dinner with live music, tasting the flavors of the land. Creating communion and meeting through Chef Eugenio’s incomparable gastronomy.

10:00 PM

Renewal Union at the Beach

Mixology - Live Dj at the Beach - Drums Connection. A moment of meeting and celebration with the best mixology and live music to celebrate and receive the new cycle.



New Year's Activity Program at Awen Kid's Club

What is Awen?

As Palmaia's holistic child center, Awen is a space dedicated exclusively to nurturing the little ones with a completely new and cutting edge activity program based and inspired on the principles of Waldorf education and anthroposophy, which centers around the idea that children's spirituality, morals and creativity need as much attention as their intellect.

The program, designed for kids 3 to 12 years old, respects their natural rhythms, allowing time and freedom for things like eating, sleeping and playing, while working on developing their volition through participation, nurturing their curiosity for the natural world and their creativity and artistic abilities through experimentation, all in a safe environment.

Awen

New Year's Eve Programming

09:00 AM Welcome and Play

10:00 AM Gingerbread house making

11:00 AM Handmade gnome

01:00 PM Lunch with us!

03:00 PM Play preparation

04:00 PM Play performance

05:00 PM Grape ritual

05:30 PM Bonfire



A wooden frame, possibly a fishing net or a decorative structure, stands on a sandy beach. The frame is made of dark, weathered wood and has a net or mesh structure attached to it. The background features a sunset over the ocean, with a bright orange glow on the horizon and a dark, cloudy sky above. The overall mood is serene and contemplative.

Holding space for gratitude to release the old
and celebration to welcome the new.